

## Full Report (All Nutrients) 45022428, B&M, BAKED BEANS WITH MAPLE SYRUP, MOLASSES & SPICES, UPC: 047800330210

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**Report Date: May 27, 2017 06:58 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer B&G FOODS, INC.

Nutrient	Unit	Data points	Std. Error	0.5 cup 131g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	160	122
Protein	g	--	--	7.00	5.34
Total lipid (fat)	g	--	--	1.00	0.76
Carbohydrate, by difference	g	--	--	30.99	23.66
Fiber, total dietary	g	--	--	8.0	6.1
Sugars, total	g	--	--	12.00	9.16
<b>Minerals</b>					
Calcium, Ca	mg	--	--	60	46
Iron, Fe	mg	--	--	2.70	2.06
Sodium, Na	mg	--	--	341	260
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

### Amino Acids

### Other

### Ingredients

BAKED SMALL PEA BEANS IN SAUCE CONTAINING WATER, SUGAR, MOLASSES, SALT, MAPLE SYRUP, CORN STARCH-MODIFIED, NATURAL FLAVORS AND SPICE. *Date Last Updated by Company:* 05/30/2015